



## Assessment of phytochemical constituents, trace metals, and antimicrobial efficacy of *Flacourtia indica*, Southern India

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### Abstract

*Flacourtia indica* leaves were studied for phytochemical components, trace metal concentrations, and antibacterial activity using three different extracts (petroleum ether, chloroform, and ethanol). Steroids, triterpenes, alkaloids, phenols, flavonoids, saponins, and tannins were found in the crude extract after the phytochemical screening. The trace metals in the leaves powder were analyzed using a 797 VA Computrace voltammetry, Metrohm. Cd, Cr, Cu, Fe, Ni, Pb, and Zn concentrations were BDL, 0.03, 0.33, 0.87, BDL, BDL, and 0.55 mg kg<sup>-1</sup>, respectively. The zone of inhibition of three distinct solvent extracts of *F. indica* was compared to positive controls such as Methicillin – 10 mcg and Itraconazole – 10 mcg for in-vitro antibacterial activity against various infections. *Enterococcus faecalis* and *Trichophyton rubrum* were the most sensitive (19 mm), while *Micrococcus luteus* and *Cryptococcus sp.* showed the least inhibition (7 mm).

**Keywords:** *Flacourtia indica*, antimicrobial activity, phytochemistry, trace metals

### Introduction

*Flacourtia indica* is a tree or shrub that grows to be between 3 and 10 meters tall. The bark is normally pale, grey, powdery, and flaking, revealing pale orange areas <sup>[1]</sup>. It can turn brown to dark grey and flake. The appearance of the vegetative parts ranges from glabrous to densely pubescent. When young, the leaves are red or pink, varying in size from oval to round, up to 12 cm in diameter, edge serrated, and leathery; 4-7 pairs of veins clear on both surfaces; stalk to 2 cm. Flowers can be unisexual or bisexual (1 or several branches of a female specimen with perfect flowers, which, however, bear fewer stamens than the males). Male flowers in axillary racemes 0.5-2 cm long, with thin, pubescent pedicels up to 1 cm long and minute, caducous basal bracts. Sepals (min. 4) 5-6 (max. 7) mm long and broad, roughly oval, apex sharp to rounded, hairy on both sides <sup>[2]</sup>. Anthers are 0.5 mm long and filaments are 2-2.5 mm long. The disc is lobulate. Female flowers are solitary or in small racemes, with pedicels up to 5 mm long. Styles 4-8, central, connate at the base, spreading, up to 1.5 mm long; stigmas truncate; disc lobulate, clasping the base of the ovoid ovary; styles 4-8, central, connate at the base, spreading, up to 1.5 mm long. When ripe, the fruit is spherical, reddish to reddish-black or purple in colour, juicy, and up to 2.5 cm wide, with persisting styles and up to ten seeds. Seeds are 5-8, 8-10 x 4-7 mm in size, with a rugose, pale brown testa.

In South Africa, the botanical name has historical and geographical significance. 'Flacourtia' celebrates E. de Flacourt (1607-60), a governor of Madagascar who visited the Cape before van Riebeeck, and *indica* suggests that this small Transvaal bushveld tree can also be found in the east. Before blossoming, the tree is normally leafless <sup>[3]</sup>.

The blooms bloom in India from December to April, along with new leaves that are a lovely fresh green colour. From March until July, the fruits ripen. Birds consume them, thus the seeds are widely spread, explaining the species' vast distribution <sup>[4]</sup>.

### Materials and Methods

#### Plant Material

Between January and February 2022, fresh leaves of *F. indica* were harvested in the Tiruchirappalli district of Tamil Nadu. In the Soxhlet apparatus, the shade-dried plant powder (100 g) was loaded into the thimble. It was equipped with a condenser and a suitable round bottom flask with 250 mL petroleum ether, chloroform, and ethanol <sup>[5]</sup>.

The Mantox heater has given constant heat for solvent recycling. The extract was placed into clean and pre-weighed universal tubes after complete extraction in a round bottom flask. The % yield was estimated after weighing and recording the weight of universal tubes containing extracts. The percentage yield was computed by dividing the beginning weight of raw material by the final weight of extract, and it was utilized as an antibacterial activity test sample.

## Phytochemical screening

### Qualitative analysis

To determine the nature of phytochemical ingredients present in the sample, the solvent extracts were submitted to routine qualitative chemical analysis [6]. Steroids: 3 ml of the test solution plus a little amount of chloroform, 3-4 drops of acetic anhydride, and one drop of concentrated H<sub>2</sub>SO<sub>4</sub> was added. As a result, the purple colour changes to blue or green, indicating the presence of steroids. A piece of tin and two drops of thionyl chloride were introduced to a 3 ml test solution containing triterpenoids. The presence of triterpenoids is indicated by the production of a violet or purple colour. Reducing Sugars: 3 mL test solution, 2 mL Fehling's reagent and 2 mL water were added to a 3 mL test solution. The presence of reducing sugar is indicated by the production of a reddish-orange hue. Sugars: A 3 mL sample of the test solution was heated with a little amount of anthrone reagent and a few drops of concentrated H<sub>2</sub>SO<sub>4</sub>. The presence of sugars is indicated by the production of a green or purple tint. Alkaloids: A 3 ml test solution with 2N HCl was ingested. The created aqueous layer was decanted, and one or a few drops of Mayer's reagent were added. The presence of alkaloids is indicated by the production of white precipitate or turbidity. Phenols: To a 3 mL test solution in alcohol, one drop of neutral ferric chloride (5%) solution was added. The presence of phenols is indicated by the production of strong blue colour. Flavonoids: A 3 mL test solution in alcohol has been heated, along with a pinch of magnesium and one (or) two drops of strong HCl. The presence of flavonoids is indicated by the production of a red or orange tint. Saponins: Three milliliters of test solution were mixed with three milliliters of water and shaken. Saponins can be detected by the production of foamy lather. Tannins: A 3 mL test solution containing water and lead acetate was added. The presence of tannins is shown by the production of a white precipitate. Anthraquinones: Magnesium acetate was added to a 3 mL test solution. The presence of anthraquinones is indicated by the production of pink colour. Amino Acids: A 3 mL test solution containing 1% ninhydrin in alcohol was added. The presence of amino acids is indicated by the production of a blue or violet tint. Catechins: Ehrlich reagent and a few drops of strong HCl were added to a 3 mL test solution in alcohol. The presence of catechins is indicated by the production of a pink tint.

### Quantitative analysis of phytoconstituents

The chlorophyll pigments in the leaves were calculated using Arnon's method [6]. The material was homogenized and extracted three times in cooled 80 percent acetone (v/v) after pre-cleaning weighted fresh leaves. The acetone extract was diluted to a predetermined volume, and the optical density was measured using a spectrophotometer at wavelengths of 645nm and 663nm. The chlorophyll pigment content was determined and represented in mg/g fresh weight. The ninhydrin technique was used to calculate amino acids, which was calorimetrically measured at 570nm [7]. The Bradford method was used to quantify protein concentrations, and the absorbance was measured at 595nm against a blank/sample [8]. The anthrone technique, which can be tested colorimetrically at 620nm (or) by employing a red filter [9], was used to determine carbohydrate content. All of the experiments were repeated three times, and the average results were provided.

### Trace metal analysis

*F. indica* (Cg1) plant leaves were carefully plucked and cleaned in sterile distilled water. The cleansed leaves were smilled with an agate mortar and pestle after drying in the shade. The samples of powdered plants were kept in a sterile plastic container. In a Teflon bomb, 1 g of powdered plant sample was treated with aqua-regia mixture and incubated for 2-3 days at 140 °C. The reaction mixture was filtered with Whatman No. 1 filter paper after incubation. The extraction was then analyzed by the 797 VA Computrace voltammetry, Metrohm, for trace metals (Fe, Cu, Zn, Pd, Cd, Cr, and Ni). Before the examination, the devices were washed in acidified water (10 percent HNO<sub>3</sub>) and weighed to dissolve metals to avoid contamination. All of the equipment and containers were also soaked in 10% HNO<sub>3</sub> for 24 hours before being cleaned thoroughly in de-ionized water. Also, determine the instruments' below detectable limit.

### Testing of antimicrobial activity

The organisms tested were *Aeromonas liquefaciens* MTCC 2645 (B1), *Enterococcus faecalis* MTCC 439 (B2), *Klebsiella pneumonia* NCIM 2883 (B3), *Micrococcus luteus* NCIM 2871 (B4), *Salmonella typhimurium* NCIM 2501 (B5), *Vibrio cholerae* MTCC 3906 (B6), *Candida albicans* MTCC 16 (F4). The cultures came from the MTCC in Chandigarh and the NCIM in Pune, India. The antimicrobial sensitivity of microbial strains was determined using the well diffusion method [10]. On Muller Hinton agar (MHA) and potato dextrose agar (PDA), the antibacterial and antifungal properties of test samples were assessed against a variety of pathogens. In concentrated DMSO, the solvent extracted samples were dissolved. The bacterial suspension was inoculated on the surface of the agar plate with a sterile cotton swab. Separately, the three different concentrations of the sample (2.5, 5, and 10 mg/ml) were put into wells (1 cm in diameter and 4 mm in depth) of the agar plates. The DMSO was employed as a negative control in the investigation. For bacteria, the plates were incubated at 37°C for 24-48 hours and 25°C for 48-72 hours (for fungi). The zone of inhibition was measured with a ruler after incubation. The assays were done in triplicate, and the average results are shown. Positive controls included 10mcg of methicillin (for bacteria) and 10mcg of itraconazole (for fungus). Hi-Media supplied all of the media, regular discs, and sterile discs.

## Results and discussion

### Phytochemical constituents of Secondary metabolites

Bioactive substances were discovered in medicinal plants such as *F. indica* in this investigation. Tables 1 and 2 show the results of screening phytochemical constituents using qualitative and quantitative approaches. In steroid study, the purple colour that has resulted turns blue or green, indicating the presence of steroids. Similarly, positive and negative outcomes are shown by the presence or absence of colour change. Positive results were achieved in these screens from three distinct extracts: petroleum ether, chloroform, and ethanol. Steroids, alkaloids, phenols, flavonoids, saponins, and tannins were found in the low polar solvent petroleum ether employed to screen the triterpenoids from *F. indica*, as well as medium and high polar solvents chloroform and ethanol extracts [11]. The cyclization of the triterpene squalene yields both lanosterol and cycloartenol [12]. Cell membranes are made up of steroid hormones and phospholipids. Cholesterol and other steroid hormones reduce membrane fluidity [13]. In warmer weather, trees emit more terpenes, which operate as a natural kind of cloud seeding. The forest can adjust its temperature by reflecting sunlight through the clouds [14]. Antibacterial berberine, anticancer compound vincristine, antihypertensionagen treserpine, cholinomimetic galantamine, spasmolytic agent atropine, vasodilator vincamine, anti-arrhythmia compound quinidine, anti-asthma medicinal ephedrine, and antimalarial medication quinine are all alkaloids. Even though alkaloids affect a wide range of metabolic processes in humans and other animals, they all have a bitter taste [15]. Flavonoids, commonly known as Vitamin P or citrin [16], are a type of secondary plant metabolite. These metabolites are mostly employed in plants to make yellow and other pigments that are important in plant coloration [17-18].

### Trace metals analysis

Some trace elements are required for plant growth, whereas others have an impact on plant physiology [19]. The function of trace metal pollution in producing plant harm, either directly or through altering the host physiology, makes it more susceptible to infection [20]. As a result, the photosynthetic process, growth, and efficiency are all affected [21-22]. Metal concentrations in plant samples were BDL, 0.03, 0.33, 0.87, BDL, BDL, and 0.55 mg kg<sup>-1</sup> for Cd, Cr, Cu, Fe, Ni, Pb, and Zn, respectively (Table 3).

### Antibacterial and Antifungal screening

The antibacterial activity of *F. indica* was tested using the well diffusion test on a variety of microorganisms. Table 4 summarises the results of the antibacterial activity. On MHA and PDA plates, the three tested doses of 2.5, 5, and 10 mg/ml produce a zone of inhibition for bacteria and fungi, respectively. In most of the microorganisms studied, a higher (10 mg/ml) concentration of sample had greater sensitivity than a lower (2.5 & 5 mg/ml) concentration. The petroleum ether and chloroform extract samples were more efficient against *Enterococcus faecalis* (B2) bacteria, while *Micrococcus luteus* had a smaller effect (B4). In fungi, the test sample was efficient against *Trichophyton rubrum* (F4) in all extracts, although *Cryptococcus Sp.* had a smaller effect (F2). Against *Aeromonas liquefaciens*, the ethanol plant extracts were the most effective (B1). Except for B1, B3, and B4, all microbial strains show higher sensitivity to the higher dose (10 mg/ml) for the test sample when compared to the positive control. A solution devoid of sample employed as vehicle control (concentrated DMSO) has no antibacterial action, indicating that antimicrobial activity was directly tied to the sample.

**Table 1:** Qualitative phytochemical constituent of *F. indica*

| Phytochemical Constituents | Petroleum ether | Chloroform | Ethanol |
|----------------------------|-----------------|------------|---------|
| Steroids                   | -               | -          | +       |
| Triterpenes                | +               | -          | -       |
| Reducing sugars            | -               | -          | -       |
| Sugars                     | -               | -          | -       |
| Alkaloids                  | -               | +          | -       |
| Phenolics                  | -               | +          | -       |
| Catechins                  | -               | -          | -       |
| Flavonoids                 | -               | +          | -       |
| Saponins                   | -               | -          | +       |
| Tannins                    | -               | -          | +       |
| Anthraquinones             | -               | -          | -       |
| Amino acids                | -               | -          | -       |

+ = Present; - = Absent

**Table 2:** Quantitative phytochemical constituent of *F. indica*

| Biochemical constituents | <i>F. indica</i> (mg/g) |
|--------------------------|-------------------------|
| Chlorophyll A            | 0.119                   |
| Chlorophyll B            | 0.952                   |
| Total Chlorophyll        | 1.071                   |
| Amino acid               | 160.0                   |

|              |       |
|--------------|-------|
| Protein      | 2.110 |
| Carbohydrate | 1.009 |
| Phenol       | 0.026 |

**Table 3:** Trace metal concentrations in *F. indica*

| Sampling Site Name          | Sample Name/ Family      | Sample No. | S. Code | Cd  | Cr   | Cu   | Fe   | Ni  | Pb  | Zn   |
|-----------------------------|--------------------------|------------|---------|-----|------|------|------|-----|-----|------|
| Tiruchirappalli, Tamil Nadu | <i>Flacourtia indica</i> | P1         | Cg1     | BDL | 0.03 | 0.33 | 0.87 | BDL | BDL | 0.55 |

BDL – Below detectable limit

**Table 4:** Antimicrobial activity of *F. indica* leaf extracts in various solvents

| S. No    | Test Microorganisms              | Zone of inhibition in the well diffusion method (mm)<br>Sample (2.5, 5 & 10 mg/ml) |     |      |                    |     |      |                 |     |      |        | Diseases  | Route of Transmission      |
|----------|----------------------------------|--|-----|------|--------------------|-----|------|-----------------|-----|------|--------|---|----------------------------|
|          |                                  | Petroleum ether extract  |     |      | Chloroform extract |     |      | Ethanol extract |     |      | PC     |   |                            |
| Bacteria |                                  | 2.5  | 5.0 | 10.0 | 2.5                | 5.0 | 10.0 | 2.5             | 5.0 | 10.0 | 10 mcg |   |                            |
| 1.       | <i>Aeromonas liquefaciens</i> B1 | 8  | 11  | 12   | 10                 | 12  | 12   | 7               | 10  | 11   | 14     | Wound Infections / Gastroenteritis                | Water / Food               |
| 2.       | <i>Enterococcus faecalis</i> B2  | 12   | 15  | 19   | 13                 | 15  | 18   | 11              | 14  | 15   | 8      | Endocarditis / Epididymal Infections              | Water / Food               |
| 3.       | <i>Klebsiella pneumoniae</i> B3  | 7  | 10  | 13   | 8                  | 12  | 13   | 10              | 12  | 13   | 28     | Acute diarrhoea / Dysentery                       | Water / Food               |
| 4.       | <i>Micrococcus luteus</i> B4     | 8  | 9   | 12   | 7                  | 10  | 12   | 8               | 13  | 17   | 38     | Skin & Pulmonary infections                       | Soil / Water / Air / Food  |
| 5.       | <i>Salmonella typhimurium</i> B5 | 11   | 12  | 13   | 7                  | 11  | 13   | 10              | 14  | 16   | 0      | Typhoid   | Water / Food               |
| 6.       | <i>Vibrio cholerae</i> B6        | 11   | 12  | 14   | 10                 | 13  | 15   | 10              | 13  | 17   | 16     | Cholera   | Water / Food               |
| Fungi    |                                  |  |     |      |                    |     |      |                 |     |      |        |   |                            |
| 7.       | <i>Candida albicans</i> F1       | 12   | 13  | 16   | 11                 | 14  | 16   | 10              | 13  | 16   | 10     | Skin infection / Gastrointestinal tract Infection | Air / Wound / Soil / Water |
| 8.       | <i>Cryptococcus</i> sp. F2       | 7  | 9   | 13   | 7                  | 10  | 11   | 12              | 13  | 15   | 9      | Bronchiectasis / Endophthalmitis                  | Air / Wound / Soil / Water |
| 9.       | <i>Microsporium canis</i> F3     | 12   | 16  | 17   | 13                 | 15  | 17   | 13              | 14  | 16   | 9      | Tinea capitis / Ringworm                          | Air / Wound / Soil / Water |
| 10.      | <i>Trichophyton rubrum</i> F4    | 9  | 15  | 19   | 13                 | 14  | 19   | 13              | 16  | 19   | 7      | Tinea corporis / Tinea pedis                      | Air / Wound / Soil / Water |

PC – Positive Control (Antibiotic disc; Bacteria – Methicillin (10mcg/disc); Fungi – Itraconazole (10mcg/disc)  
Samples – 2.5, 5, 10 mg/ml (well)

### Conclusion

Except for B1, B3, and B4, this study found that the presence of steroids, triterpenes, alkaloids, phenols, flavonoids, saponins, and tannins aid antibacterial activity and are more efficient than the positive control. Heavy metals demonstrated that the plant was resistant to the trace metal, and their secondary metabolites were unaffected by these metals, suggesting that they may penetrate the human food chain. Traditional herbal treatments must, by necessity, be given the benefits of current science and technology to meet future world demands. Soon, *F. indica* could be used as an alternate antibiotic.

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