

## Green synthesis of iron nanoparticles using aqueous extract of *Turbinaria Conoides* (J. Agardh) and their anticancer properties

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### Abstract

Marine macroalgae produce numerous bioactive compounds with potential pharmacological properties. In this study, macroalga was collected from Gulf of Mannar, India and identified as, *Turbinaria conoides* (J. Agardh). The aqueous extract of *T. conoides* was used to synthesize iron nanoparticles (NPs). The synthesized iron NPs were characterized by X-ray diffraction analysis, Scanning Electron Microscopy, and Transmission Electron Microscopy. The synthesized NPs showed potent activity against DLD1 and HeLa cell lines.

**Keywords:** seaweed, phytochemicals, phenols, antioxidant

### Introduction

Seaweeds are considered as the source of various bioactive compounds as they are able to synthesize potential secondary metabolites (Smit, 2004) [16] characterized by various biological activities including, antibacterial, antiviral and anticancer activities (Chakraborty *et al.*, 2010) [5]. Anti tumour and antifungal activities were detected in red, brown and green algae. The antimicrobial property of seaweed mainly based on algal species, extraction method and solvents used for extraction. However, maximum bioactive potential was obtained from the dried macroalgae samples than fresh algal samples and have been reported previously by various research groups (Manivannan *et al.*, 2011) [11]. Seaweeds contain a wide variety of numerous bioactive compounds offering a potential source of novel drugs with very low toxicity (Ganesan *et al.*, 2020) [7]. Sample preparation, extraction method and processing greatly affected the bioactivity of macroalgae (Moraes-de-Souza *et al.*, 2008) [12]. Many findings showed that a rich of dietary intake of various natural phenols with the presence of various types of antioxidants such as, phenols and flavonoids generally found in seaweeds and plants is mainly associated with reduced risk of developing chronic diseases, longer life expectancy, and various types of cancer. The present investigation aimed to analyze *in vitro* antioxidant, antibacterial activity and characterization of iron oxide nanoparticles using *Turbinaria conoides* (J. Agardh) collected from Gulf of Mannar, Tamilnadu, India.

### Materials and Methods

#### Collection of seaweed

The macro algae samples (*Ulva faciata* Delile, *Caulerpa peltata* J.V. Lamour., *Paduba oavibuca* (L.) Thivy, *Champia compressa* Harv, and *Turbinaria conoides* (J.

Agardh) were collected during the study period (July 2018 – December 2018) by manually and detaching a portion from the sea bed, exposed rock surfaces of rocky coast in Gulf of Mannar, Tamilnadu, India. Macro algae were cleaned thoroughly to remove debris. All the collected macro algae were photographed in fresh condition.

#### Identification and Selection of Algae

Identification of algae was carried out using the manual authenticated by Botanical Survey of India (BSI/SRC/5/23/2020/Tech/885). Selection of algae was mainly based on availability and previous literature on phytochemical components of algae. The selected algae was identified as *Turbinaria conoides* (J. Agardh).

#### Preparation of Seaweed Extract

10 g air dried powder was weighed and transferred in 100 ml solvent such as, methanol, chloroform, acetone, ethyl acetate and ethanol for 24 h. The Erlenmeyer flask was kept on an orbital shaker at 150 – 200 rpm for 24 h. Then the sample was filtered using a Whatman's no 1 filter paper. The filtrates were further evaporated under reduced pressure and semi-solid material was obtained with the help of rotary evaporator. The dried residue was further stored in a plastic vials. The extraction procedure was repeated three times.

#### Green Synthesis of Iron Nanoparticles

100 g fresh seaweed was ground using a pestle and mortar and microwave assisted extraction was performed using a microwave oven. The extract was filtered and stored at 4 °C and used for the green synthesis of Fe NPs. Ferrous sulphate was prepared at 1 mM concentration and aqueous extract of was added in drop wise manner with continuous stirring. Reduction reaction was stopped after brownish black colour formation and it was incubated at 32 ± 2 °C for 4 h. Iron

oxide NPs was then isolated from the solution by evaporating water on a hot plate dried for overnight using a dryer. The synthesized NPs were purified by refluxing using Milli Q water followed by absolute ethanol.

### Characterization of NPs

The colour change of FeCl<sub>3</sub> solution (100 mL) (1 mM) after the addition of alga extract (1 mL) from yellowish-brown to black was confirmed the synthesis of iron oxide NPs. It was dispersed in distilled water and the spectrum was analyzed between of 200-800 nm using a UV-visible spectrophotometer. X-ray diffraction of iron oxide NPs was performed using Philips X'Pert Pro instrument. The iron NPs was scanned within the 2 Theta range of 20–80 Theta angle. The surface structure was characterized using SEM JEOL-MODEL 6390 wafer coating on copper grid for 5 min on mercury lamp. The shape and size of the iron NPs was evaluated by Transmission Electron Microscopy (TEM).

### Anticancer Activity Analysis

Green synthesized NPs were used for the determination of anticancer activity. DLD-1 (Human Colorectal Adenocarcinoma) cells and HeLa (cervical cancer cells) were initially procured from National Centre for Cell Sciences (NCCS), Pune, India. It was maintained in Dulbecco's modified Eagles medium (DMEM). Then the cells were cultured in 25 cm<sup>2</sup> tissue culture flask with DMEM supplemented with sodium bicarbonate, L-glutamine and 10% FBS (Merck, Germany) and antibiotics. Cell lines were kept in a humidified CO<sub>2</sub> incubator at 37 °C. After 24 h the tissue culture medium was removed and NPs were added at various concentrations (100 µg, 50 µg, 25 µg, 12.5 µg, 6.25 µg in 500 µl of DMEM). It was further incubated in a humidified 5% CO<sub>2</sub> incubator at 37 °C. The morphological changes were detected using an inverted phase contrast tissue culture microscope. The percentage viability was calculated using the following formula.

$$\% \text{ of viability} = \frac{\text{Mean OD Samples} \times 100}{\text{Mean OD of control group}}$$

## Results and Discussion

### *T. Conoides* Extract and Biological Activity

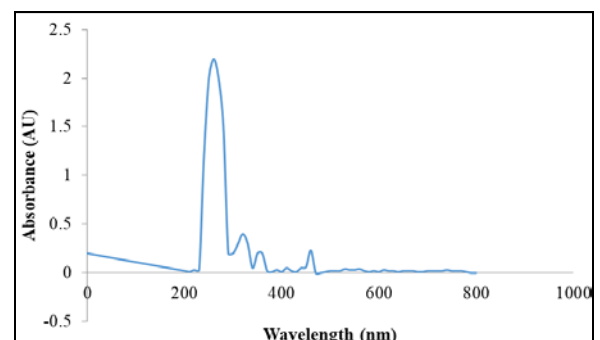
Marine macroalgae produce various bioactive compounds with potential pharmacological properties. These organisms produce various compounds in response to the characteristics as well as environmental condition. In this study, a potential macroalga was collected from Gulf of Mannar, India and identified as, *T. conoides* (J. Agardh) (Fig. 1b). Seaweeds have been widely recognized as potential producers of an enormous range of compounds with bioactive potential compounds. However the activity of the same genus or species could vary depending on the geographical locations due to seasonal and environmental parameters (Chakraborty *et al.*, 2010) [5].



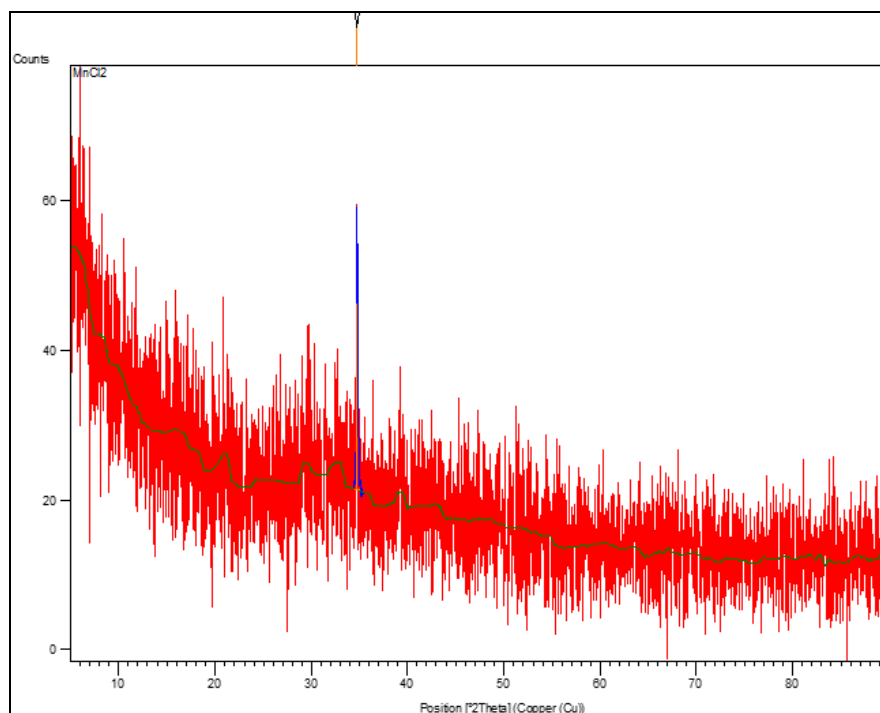
**Fig 1:** Appearance of *T. conoides* collected from Gulf of Mannar, Tamilnadu India.

### Characterization of Iron NPs

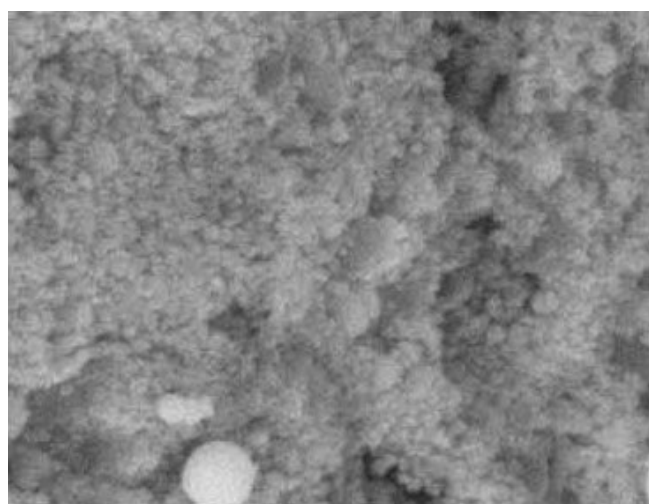
An absorption range from 200 nm (near the Ultra violet) to 800 nm (in the very near to infra-red) was clearly observed in the sample. In Figure 2, the peaks are high between 200 and 300 nm indicated the reduction of iron oxide. X-ray diffraction analysis provides valuable information on crystalline structure, average grain size, preferred crystal orientations, phases and crystal defects. The present finding revealed that *T. conoides* showed the wide intensities for the determination of atomic positions in the lattice (Figure 3). XRD peaks are generally obtained by constructive interference of a monochromatic beam of X-rays scattered at specific angles from each set of lattice planes in a sample. Generally, online search tool for X-ray powder diffraction patterns enables quick phase identification for the identification of various samples. Figure 4 clearly revealed that the presence of green synthesized iron NPs in the sample. The SEM images made possible the visualization of the morphology of the NPs and to determine the size of NPs. TEM analysis clearly revealed the presence of NPs with 27.59 nm size (Figure 5). Macro algae are important sources of phytochemicals involved in the biosynthesis of types of metallic NPs. Macro algae such as, *Stoechospermum marginatum*, *Laminaria japonica*, *Turbinaria conoides*, and *Sargassum wightii* (Singaravelu *et al.*, 2007; Ghodake and Lee, 2011; Rajathi *et al.*, 2012) [15, 8, 13]. Green synthesis of iron NPs was initially characterized by colour formation from yellowish-brown to black in the mixture and showed surface plasmon resonance band was centered at 240 – 320 nm showed the presence of iron NPs. SEM and TEM analysis revealed the morphology and crystalline structure of green synthesized NPs and the NPs size range of 27 to 30 nm. Recently, El-Kassas *et al.* (2016) [6] used *Sargassum acinarium* (Linnaeus) and *Padina pavonica* (Linnaeus) for the biosynthesis of iron oxide NPs.



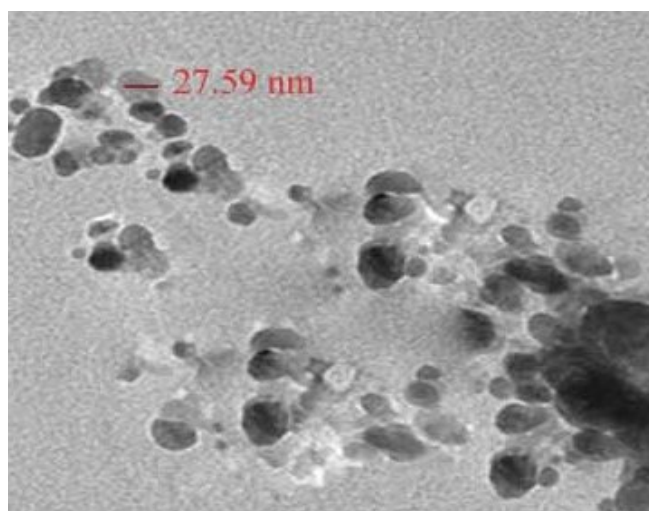
**Fig 2:** UV spectroscopy analysis of green synthesized iron NPs using *T. conoides* extract



**Fig 3:** XRD of iron NPs green synthesized using *T. conoides* extract



**Fig 4:** Scanning Electron Microscopy analysis of iron NPs green synthesized using *T. conoides* extract.



**Fig 5:** Transmission Electron Microscopy image of iron NPs green synthesized using *T. conoides*

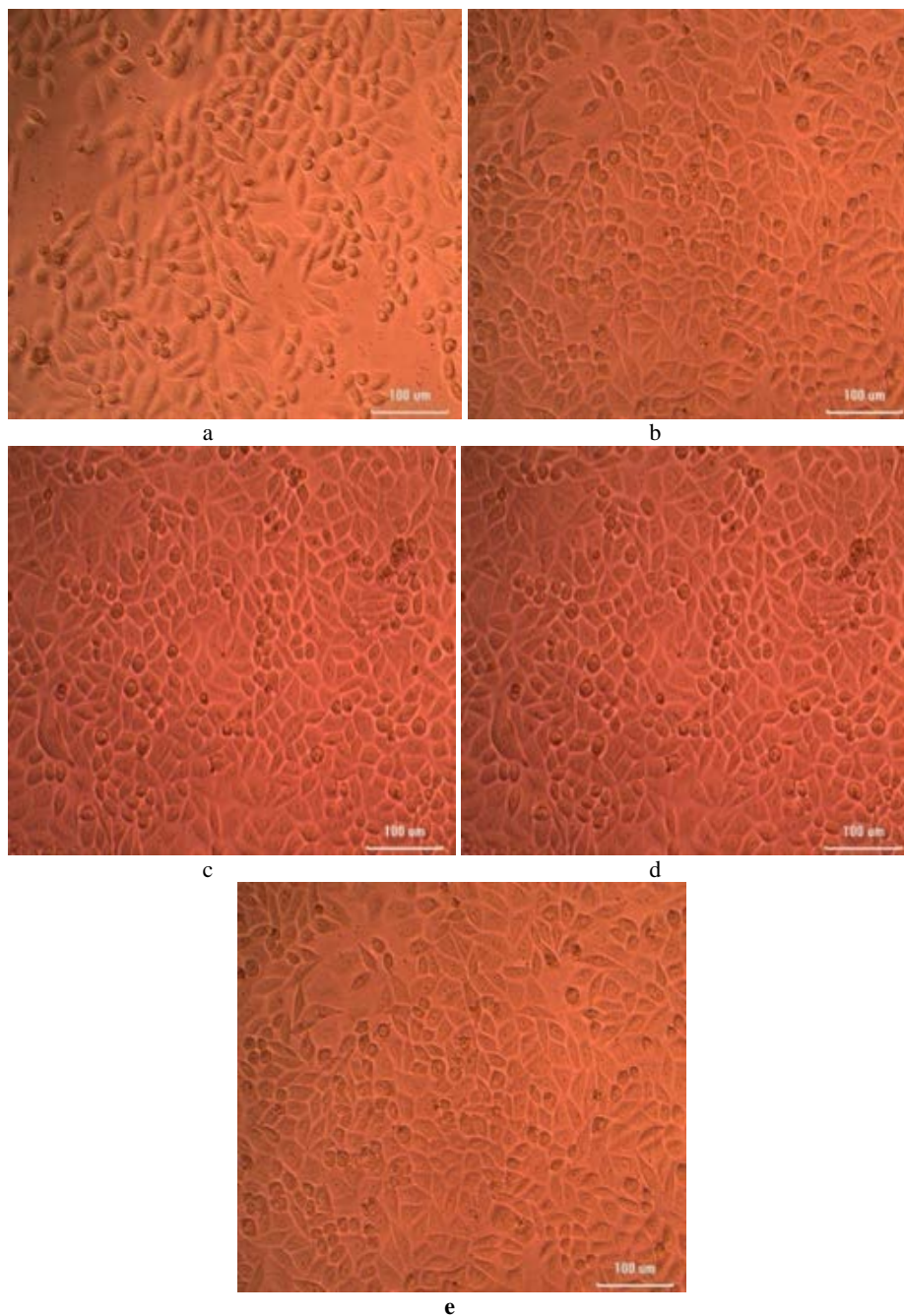
### Anticancer Activity of Iron NPs

MTT assay is frequently used to evaluate the NPs to determine proliferative or cell toxicity activity. The LC-50 value was found to be 157.366  $\mu\text{g/mL}$  and results indicated that NPs had significant activity against HeLa and DLD1 cell lines and the results were depicted in Table 1. Anticancer activity of iron NPs synthesized using *T. conoides* against HeLa and DLD1 cell lines was described in Fig. 7 and 8. Any new drug required cytotoxic analysis in cancer cell and cell viability test is determined under microscope (Arasu *et al.*, 2019) <sup>[1, 2]</sup>. In MTT assay, the linear relationship between colour produced and metabolic process of active cells and useful for the determination of the rate of proliferation or cell death. SEM and TEM analysis was employed to study the morphological and structural features of synthesized FeNPs. SEM and TEM analysis revealed uniform, spherical shaped NPs within 30 nm size. In this study, some of the larger particles were identified due to aggregation of NPs because of evaporation of alcohol during the preparation of samples. This kind of NPs aggregation has been reported previously. XRD analysis clearly indicated the presence of metallic silver nanocrystals due to surface plasmon resonance. The intense signals between 2 and 4 KeV indicated the presence of metallic nanocrystals (Singaravelu *et al.*, 2007) <sup>[15]</sup>. The synthesized nanoparticles have the ability to inhibit the growth of cell lines HeLa and DLD1. The anticancer activity of nanoparticles has been reported previously (Valsalam *et al.*, 2019; Arasu *et al.*, 2019; Venkatadri *et al.*, 2020; Lydia *et al.*, 2020; Malar *et al.*, 2020) <sup>[17, 1, 2, 18, 9, 10]</sup>.

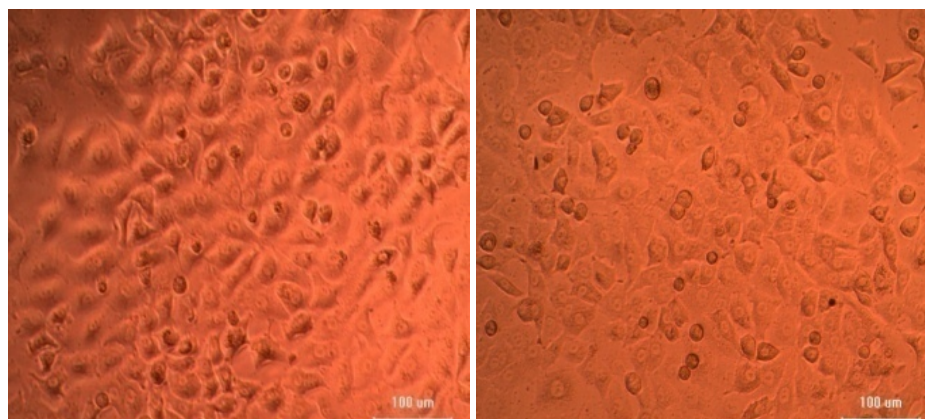
**Table 1:** Viability of HeLa and DLD1 cell lines treated with iron NPs at various concentrations.

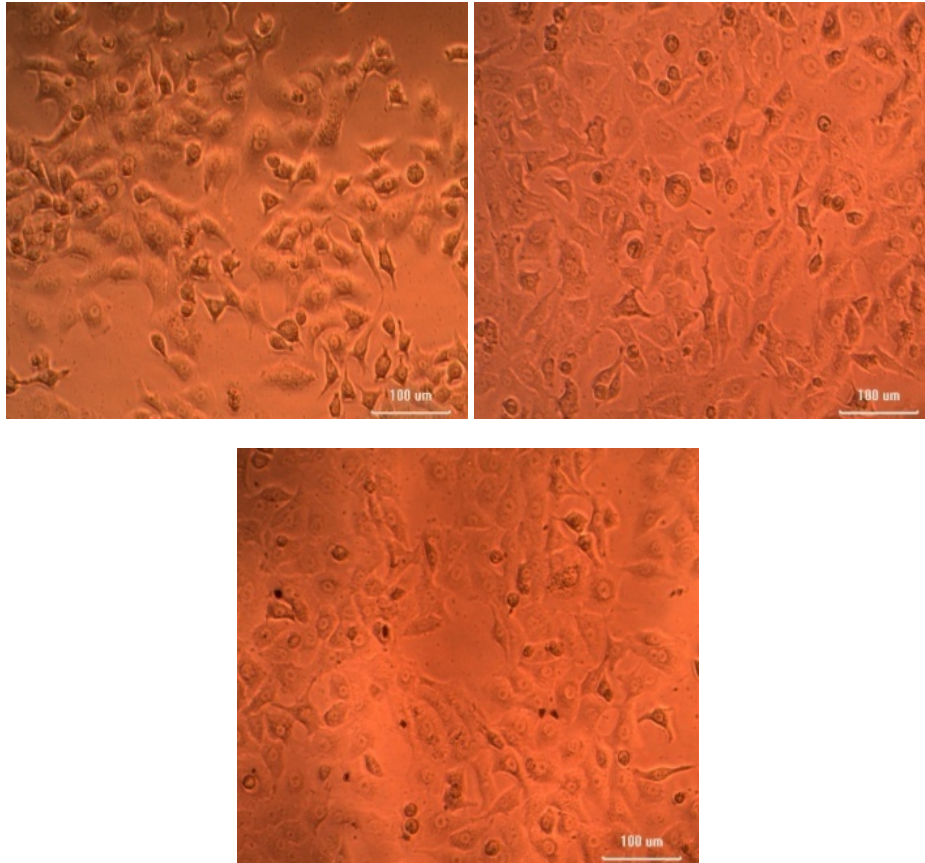
Sample Concentration ( $\mu\text{g/mL}$ )	Viability (%)	
	HeLa	DLD1
Control	100	100
6.25	90.35	91.22
12.5	85.44	79.07
25	79.49	68.82
50	51.35	60.21
100	26.41	27.28





**Fig 6:** Anticancer activity of iron NPs synthesized using *T. conoides* against HeLa cell lines.





**Fig 7:** Anticancer activity of green synthesized iron NPs against DLD1 cell lines.

### Conclusion

The aqueous extract of *T. conoides* was used to synthesize iron NPs. The present finding eliminates the wide use of various chemical substances as stabilizing and reducing agent. Because sea weed has various chemical constituents which are polyphenolic substances and fucoidan, it shows a dual application as both stabilizing and reducing agent for iron NPs. The synthesized NPs showed potent activity against DLD1 and HeLa cell lines.

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